

SMOCKED GUERNSEY SOCKS

TOOLS & MATERIALS

Yarn

- One 100 g skein Cloudborn Merino Superwash Sock Twist (80% Superwash Merino Wool, 20% Polyamide), colorway: Coffee With Cream, 467 yds / 427 m = 100 g.
- 5 yds/m of brightly contrasting, similar weight, smooth waste yarn for working the toe chimneyy.

Needles

A set of five US Size 1 (2.25 mm) double-pointed needles (dpns), 6 - 8" (15-20 cm) in length. One or two circular needles may be used if preferred.

Notions

- Short cable needle or blunt darning needle
- Three 6" (15 cm) lengths of contrasting, solid colored fine yarns for use as stitch markers. Ideally choose three different colors.
- Tapestry needle

Gauge

8 sts = 1" (2.5 cm) over Stockinette stitch.

The wrapped stitch pattern gathers the fabric to a tighter gauge, which will ensure a snug fit.

Sizes

To fit ankle measurements, 7.5 (8, 8.5, 9, 9.5, 10)" / 19 (20.3, 21.6, 22.8, 24.1, 25.4) cm.

Measure the ankle circumference (just above the joint), in inches or centimeters. These will be referred to as Sock Sizes #1 (2, 3, 4, 5, 6)

ABBREVIATIONS

DW2

Double wrap two stitches. This maneuver may be made in either of two ways, the first is slower but gives a neater wrap. The second is speedier (fewer moves) but straggles a little. Try both ways on your swatch and pick the method/appearance you like best. Be consistent! Pull the wrapping yarn snug but not tight.

Method 1

Slip the next two stitches, purlwise to the right-hand needle, *bring the working yarn behind the stitches and forward between the needles. Slip the same two stitches back to the left-hand needle, and take the yarn back between the needles. Slip the two wrapped stitches back to the right-hand needle. Repeat from * once more and resume the pattern (the two wrapped stitches are not knit on this round).

Method 2

Move the yarn forward, slip the next two stitches purlwise to the right-hand needle, move the yarn back between the needles, slip the wrapped stitches to the left-hand needle, move the yarn forward, slip the two wrapped stitches purlwise to the right-hand needle, move the yarn back between the needles. Resume the pattern (the two wrapped stitches are not knit on this round).



| | |
|-------|--|
| K2tog | Knit two stitches together. This produces a one-stitch, right-slanting decrease. |
| P2tog | Purl two stitches together. This produces a one-stitch, right-slanting decrease (viewed from RS). |
| LHN | Left hand needle |
| RHN | Right hand needle |
| RS | Right side |
| S1 | Slip one stitch unworked, purlwise (unless otherwise specified) from LHN to RHN. |
| Ssk | Slip, slip, knit. Slip the next two stitches, knitwise, one at a time, to RHN, insert LHN purlwise (needle tip to needle tip) into both stitches and knit them together. This produces a one-stitch, left-slanting decrease. |
| Turn | Turn the knitting around and work in the opposite direction, although unworked stitches may remain on the LHN at this point. |
| WS | Wrong side |

INSTRUCTIONS

Cast On for Expanded Sock Cuff

Note: To ensure this edge is not tight around the ankle and has sufficient elasticity to stretch around the heel when putting on the sock, this cast on edge has extra stitches. It is begun with a knit 2 x purl 3 rib, which elegantly decreases to a knit 2 x purl 2 rib part way through the cuff.

Onto gauge-size needles with your working yarn cast on 70 (75, 80, 85, 90, 95) sts, and prepare to work in the round.

RND 1: (K1, p3, k1), repeat to end of round.

Place a marker at the beginning/end point of the round.

Repeat Rnd 1 until at least 1/2" (1.3 cm) of ribbing has been worked.

RND 2: (K1, p2tog, p1, k1), repeat to end of round.

56 (60, 64, 68, 72, 76) sts remain.

This is the number of stitches your sock will return to after the heel is completed.

RND 3: (K1, p2, k1), repeat to end of round.

Continue as now set in knit two, purl two rib until the ribbing is at least 1 1/2" (3.8 cm) long.

RND 4: Knit.

RNDS 5 & 6: Purl.

RND 7: Knit.

RNDS 8 & 9: (P1, k2, p1), repeat to end of round.

RND 10: Knit.

RNDS 11 & 12: Purl.

RNDS 13 - 15: Knit.

RND 16: (K1, DW2, k1), repeat to end of round.

RNDS 17 & 18: Knit. On Rnd 17 take care to work each of the wrapped stitches without splitting them.

RND 19: Knit until one stitch of round remains. Begin Rnd 20 with this stitch. Don't reposition the end of round marker.

RND 20: (DW2, k2) repeat to one stitch before end of round, end k1.

Repeat Rnds 13 - 20, until the leg is nearly long enough, 5-7" (12.7 - 17.8 cm) from the cast-on. End on completion of a Rnd 18.

NEXT RND: Knit.

Repeat Rnds 5 and 6.

Divide for the Heel Flap

Knit 14 (15, 16, 17, 18, 19) sts. Turn the work WS facing.

Heel Flap

FLAP ROW 1 WS: (S1, p1) 14 (15, 16, 17, 18, 19) times. Turn.

28 (30, 32, 34, 36, 38) sts are now on one dpn. These stitches should be symmetrical about the marker yarn. You may now remove this marker. The heel flap is worked on these stitches only.

Thread the remaining 28 (30, 32, 34, 36, 38) sts onto a piece of smooth yarn, spare needles or a stitch holder; these will later form the **Instep**.

FLAP ROW 2 (RS): S1, knit to end of row.

Repeat Flap Rows 1 and 2 until the heel flap is as long as it is wide, fold the flap on the diagonal to check the length of the flap.

End on completion of a Flap Row 1 (WS).

Note: It is common for one edge of the flap to be looser than the other, don't be concerned, once the stitches are knitted up there will be no visible difference.

Approximately 42 (44, 46, 48, 50, 52) rows.

This number may differ from this figure, the depth of the heel flap may be adjusted to customize your sock.

Turning the Heel

TURNING ROW 1, RS: S1, k18 (20, 20, 22, 22, 24), ssk, k1. Turn.

6 (6, 8, 8, 10, 10) sts remain on LHN.

TURNING ROW 2, WS: S1, p11 (13, 11, 13, 11, 13), p2tog, p1. Turn.

6 (6, 8, 8, 10, 10) sts remain on LHN.

TURNING ROW 3: S1, k12, (14, 12, 14, 12, 14), ssk, k1. Turn.

TURNING ROW 4: S1, p13 (15, 13, 15, 13, 15), p2tog, p1. Turn.

TURNING ROW 5: S1, k14 (16, 14, 16, 14, 16), ssk, k1. Turn.

TURNING ROW 6: S1, p15 (17, 15, 17, 15, 17), p2tog, p1. Turn.

TURNING ROW 7: S1, k16 (18, 16, 18, 16, 18), ssk, k1. Turn.

TURNING ROW 8: S1, p17 (19, 17, 19, 17, 19), p2tog, p1. Turn. #1 & #2 heel complete, 20 (22) sts remain.



Sizes #3 (#4, #5, #6) only.

TURNING ROW 9: S1, k 18 (20, 18, 20), ssk, k1. Turn.

TURNING ROW 10: S1, p 19 (21, 19, 21), p2tog, p1. Turn. #3 & #4 heel complete, 22 (24) sts remain.

Sizes #5 (#6) only.

TURNING ROW 11: S1, k 20 (22), ssk, k1. Turn.

TURNING ROW 12: S1, p 21 (23), p2tog, p1. Turn. #5 & #6 heel complete, 24 (26) sts remain.

The remaining 20 (22, 22, 24, 24, 26) stitches now become the Sole sts.

Replace the 28 (30, 32, 34, 36, 38) Instep stitches onto a needle.

Knit-Up Round

Note: Knitting in the round will now be re-established. Needles will now be numbered A-D to help you differentiate between the groups of stitches. Marker yarns may be placed between the groups and the stitches rearranged to suit the type of needles you are using. If working with one and two circular needles, divide the stitches half and half, from the mid-sole to the mid-Instep. Use the same start-of-round marker position as given.

With RS facing:

NEEDLE A: S1, knit 19 (21, 21, 23, 23, 25) across the Sole sts, (remaining from the heel turning).

NEEDLE B: Knit up 21 (22, 23, 24, 25, 26) new sts by working into the back of the outer side of each of the slipped edge stitches along the adjacent side of the heel flap. This can be done as follows: slip a smaller size needle into the outer side of each of the chain edge stitches (this is a good opportunity to check that you haven't missed any stitches and make a quick count). Then with your empty sock-size needle and working yarn knit into each in turn so that the yarn twists.

If your heel flap has a different number of rows to that suggested, this number will be different. Knit up one stitch into each of the chain edge stitches.

All sizes, work the first Instep stitch onto Needle B. Total 22 (23, 24, 25, 26, 27) sts.

NEEDLE C: Knit across the next 26 (28, 30, 32, 34, 36) Instep stitches (from holder or needle).

NEEDLE D: Knit last Instep stitch and knit up stitches along the heel flap as for Needle B.

Note: Needles B and D should have the same number of stitches. Take time to check, they are often one stitch different. This can easily be adjusted on the next round. To adjust, make a note of the location of the extra stitch (either on Needle B or D) and make a k2tog decrease somewhere unobtrusive to equal up the numbers as you work the first Foot Decrease Round.

Place beginning-of-round marker.

Place marker yarns at the current junctions between the double pointed needles, once the markers are in place (or you can read your decreases) then the stitches can again circulate around your needles. Markers are especially important if using the one or two circular needle methods.

Foot Decrease Rnd

NEEDLE A: Knit.

NEEDLE B: Work in pattern from Chart 2 including the k2tog decrease.

NEEDLE C: Work in pattern from Chart 3.1 (Sizes #1, 3 and 5) or 3.2 (Sizes #2, 4 and 6). Be sure to select the correct chart size!

NEEDLE D: Work in pattern from Chart 4 including the ssk decrease at the beginning.

Charts 2 and 4 are patterned for the first 5 rounds only. For subsequent rounds continue in Stockinette stitch and maintain decreases as established.

Repeat the decrease round every round until 56 (60, 64, 68, 72, 76) sts remain. Approximately 17 (18, 18, 19, 19, 20) decrease rounds.

Customization Hint: The rate of decrease can be varied to better suit the foot of the future wearer. The final number of

stitches in the foot can be made larger or smaller than the original leg.

Continue working without further shaping using Charts 3.1 (Sizes #1, 3 and 5) or 3.2 (Sizes #2, 4 and 6). The beginning-of-round marker may now be discontinued and moved to one stitch before Chart 3.

Continue to work the 8-round wrapped stitch repeat, until you just reach the base of the little toe or about 2½" (6.4 cm) short of the desired heel to toe length. This is sooner than usual, to allow for eight more rounds of unshaped pattern before the toe shaping begins.

Ideally finish after either of the three rounds of plain Stockinette stitch.

Slip the the stitches onto a thread or onto the flex of a needle to try the sock on periodically.

Work the final eight round Pre Toe Shaping pattern before beginning the Toe Shaping.

Toe Shaping

Rounds begin one stitch before your Chart 3. Place a second marker one stitch beyond the end of Chart 3. These mark the side of sock positions.

TOE RND 1 (DECREASE): [K1, ssk, k 22 (24, 26, 28, 30, 32), k2tog, k1] twice.

TOE RND 2: Knit.

TOE RND 3 (DECREASE): [K1, ssk, knit to 3 sts before next marker, k2tog, k1] twice.

TOE RND 4: Knit.

Work decrease rounds every alternate round initially (for approximately 8 rounds) and then every round until approximately 20 sts remain. The toe is another opportunity to fine tune the length of the sock. If you would like more length maintain the alternating rounds for longer, before decreasing every round.

For easiest grafting, complete the sock at the side.

Toe Chimney

Changing to waste yarn, on the remaining 20 stitches, knit 6 rounds of Stockinette stitch and bind off. Don't neaten any yarn tails.

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Finishing

Graft the remaining stitches together by your chosen method to complete toe. Darn in all ends; weaving tails into the sole adds thickness and warmth.

Pay special attention to the small gaps that may occur at the top of the instep decreases, a small circular suture darn on the inside secures these spots beautifully. With a sharp needle, darn the yarn around the outside circumfer-

ence of the hole. Tighten up the yarn to unobtrusively close the hole and then lock the darn by taking the tail of the darning yarn across the back of the circle, splitting the plies of the darning yarn as you do so.

SMOCKED GUERNSEY SOCK CHARTS

Chart 1 - Leg

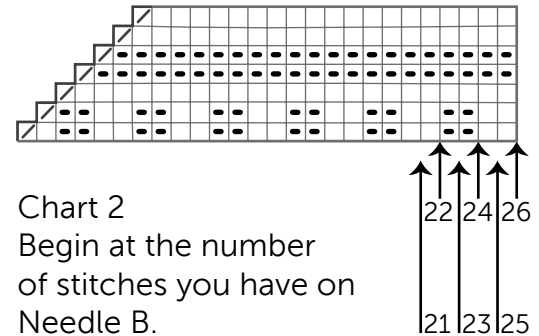
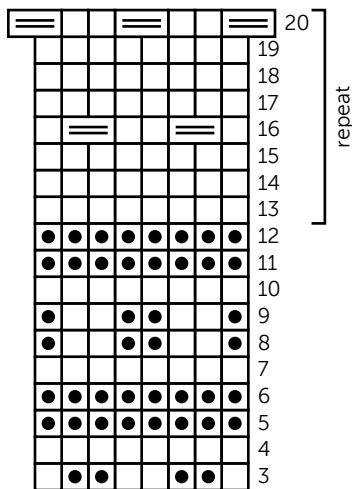


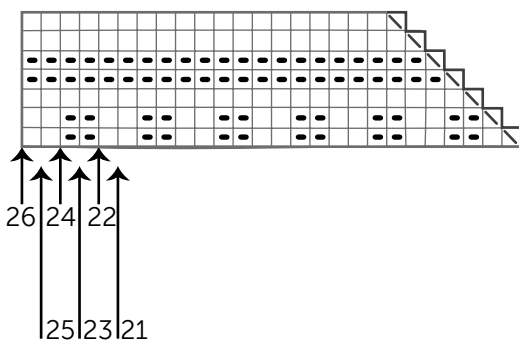
Chart 2
Begin at the number of stitches you have on Needle B.

Charts 3.1 and 3.2 are on page 5.

Key

- knit
- purl
- k2tog
- DW2
- ssk

Chart 4



End at the number of stitches you have on Needle D.



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Chart 3.1 - Sock Sizes #1, #3, and #5 (worked on Needle C)

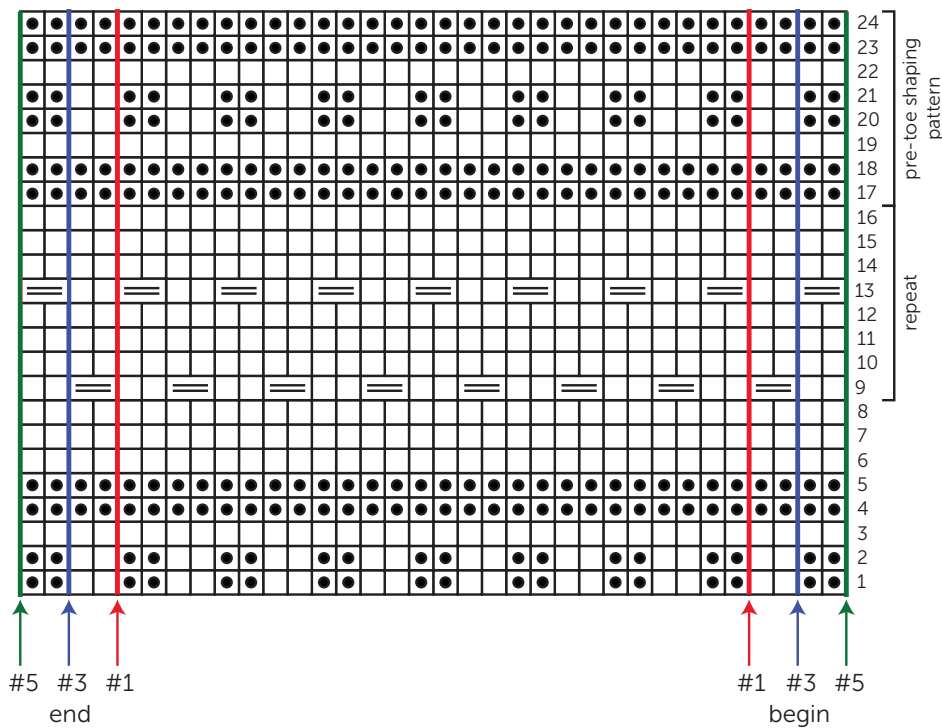
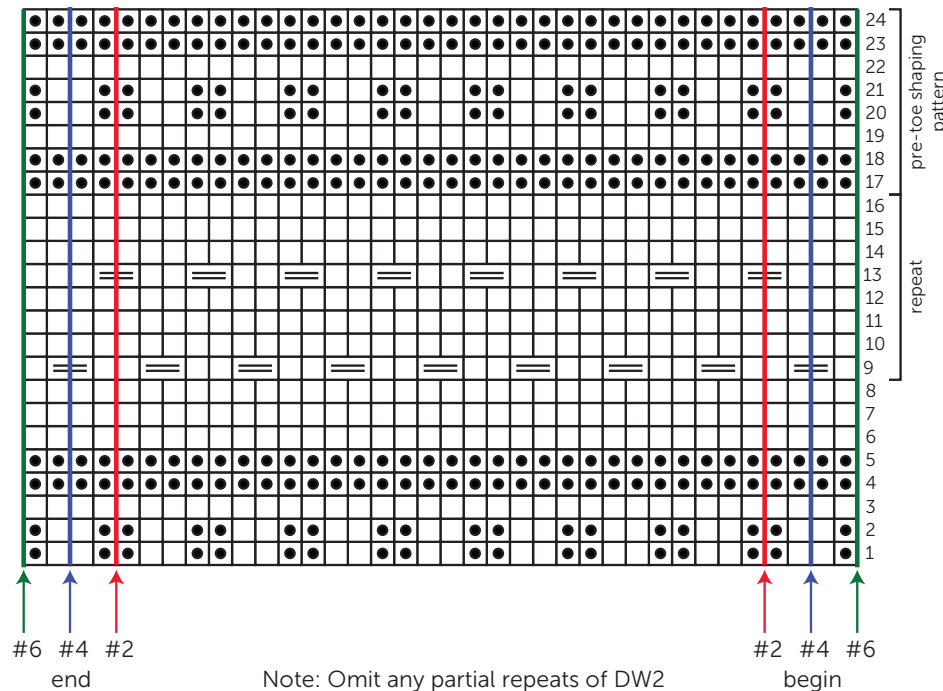


Chart 3.2 - Sock Sizes #2, #4, and #6 (worked on Needle C)



Note: Omit any partial repeats of DW2

Key

- knit
- purl
- k2tog
- DW2
- ssk